

PANCREATIC CANCER: IT'S PERSONAL

Knowing your family health history can help lead to early detection.

If there is a history of pancreatic cancer in one or more of your close family members, you may benefit from meeting with a genetic counselor to assess your own level of risk.

Use this worksheet to start the conversation with your relatives and collect information needed to assess your risk.

Name : Today's Date :

MY PERSONAL CANCER HISTORY

I have NO personal history of cancer

I have a personal history of the cancer(s) listed below:

Cancer Type	Age at Diagnosis	Additional Information
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

MY FAMILY CANCER HISTORY

My close biological/blood relatives (including, but not limited to: parents, siblings, maternal grandparents, paternal grandparents, maternal aunts/uncles, paternal aunts/uncles, children, grandchildren, nieces, nephews, maternal or paternal half-siblings) **who have had ANY cancer include:**

Relation To Me	Cancer Type	Age at Diagnosis	Living or Deceased?	Age Now or at Death	Other Information
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> Living <input type="checkbox"/> Deceased	<input type="text"/>	<input type="text"/>

My mother's family history is unknown My father's family history is unknown

If possible, please bring any **pathology reports from these cancers** to share with your provider.

Continue on the next page 

MY FAMILY CANCER HISTORY *(continued)*

Has anyone in my family ever been diagnosed with the following?

	Yes	No	Unknown	If yes, which relative(s)?
Pancreatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pre-cancerous colon polyps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Benign tumors or growths	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Many atypical moles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hyperparathyroidism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

How many relatives in my **close or extended family** have ever been diagnosed with **PANCREATIC cancer**?

What type of pancreatic tumor did my relative(s) with pancreatic cancer have? *(check all that apply)*

- Pancreatic Ductal Adenocarcinoma (PDAC) Pancreatic Neuroendocrine Tumor (PNET)
 Other Pancreatic Tumor: _____ I Don't Know

Does my family have any Ashkenazi (European) Jewish ancestry? YES NO UNKNOWN

GENETIC TESTING

(To the best of your ability)

Has anyone in the family had any genetic testing for inherited cancer risk?

Relative Tested	Name of Genes or Panel	# of Genes Tested	Year Tested	Results
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Has anyone in the family been found to have a gene change (mutation) on genetic testing?

Relative(s) Tested	Which gene?	Name of gene change:
<input type="text"/>	<input type="text"/>	<input type="text"/>

Please bring copies of ALL genetic testing results to your provider. We understand this is not always possible, but anything you can bring will help.

If a close relative has been diagnosed with pancreatic cancer, consider beginning the path to early pancreatic cancer detection by talking to your physician or genetic counselor.

Early detection and treatment can help increase the 5-year survival rate of pancreatic cancer by nearly 20%. Most are diagnosed too late.

Find a certified genetic counselor near you today at www.findageneticcounselor.com.

For more information, visit www.rolfefoundation.org.

